KUPKOLO MTB TRILOGY
RACE GUIDE

TRILOGY
MTB – MARATHON – ENDURO

JUL 2-5 2020
TEPLICE NAD METUJÍ
CZECH REPUBLIC

Welcome to the MTB Trilogy

MTB Trilogy is stage race of mountain bike and enduro. The track guides the competitors into the unique nature of Broumov region on the Czech - Poland board. The centre of race is small town Teplice nad Metují. There are start and finish all stages as well as the catering in the park in Teplice nad Metují. The competition consists of a prologue and three completely different stages in character. The distinguishing feature of all stages is a challenging profile of the track as well as terrain with many kilometres of single trails and minimum, smooth surface parts. Four days MTB Trilogy is a challenge for all real bikers or enduro riders. This race will test everyone.

The competitors absolve approx. 250 km and ascend 9 000 m during the four race days. There will be ten special tests (ST) for the enduro race in every stage. The Prologue (with interval start) guides the competitors through woods in Teplice nad Metují. A mass start is typical for other stages.

Many height meters on steep hills of old vulcanos and 385 m long railway tunnel are waiting for racers in the 1st stage - Kleine Alpen. In the 2nd stage - The Best of Sudets - the competitors test the best of the Czech legendary bike marathon Ralley Sudety. The last 3rd stage - Vrani hills - guides bikers to the boundary of the Giant Mountains. Bikers can enjoy great views on the Czech highest mountain Snezka and the fantastic panorama.

Welcome and enjoy the Broumov region on your skin!.
Race director and trails architect: Vena Hornych

Event essentials

Contact:

Organisator:
MTB Trilogy, z.s., in cooperation with Redpoint Team and Strefa MTB Gluszyca

MTB Trilogy, z.s.
Palackého 279
549 31 Hronov

Race director and trails architect: Vena Hornych (+420 608 345 120)

info@mtbtrilogy.cz
mtbtrilogy.cz
@mtbtrilogy
kupkolo.cz_mtb_trilogy

Table of Contents

Page 2–3	Daily Schedule
Page 4–7	Stages
Page 18–19	MTB Trilogy KIDS
Page 20–21	Instruction
Page 21	Regulation

Daily Schedule

THURSDAY JUL 2, 2020 - PROLOGUE

11:00 am - 2:00 pm: Presentation; Teplice nad Metuji - park at a football stadium

3:00 pm: Start of Prologue - interval start; Teplice nad Metuji - at the building of the school

6:00 pm: Dinner; Teplice nad Metuji - school canteen (at the park)

8:00 pm: WInner ceremony of Prologue

FRIDAY JUL 3, 2020 - 1st STAGE - KLEINE ALPEN

7:00 am: Breakfast; Teplice nad Metuji - school canteen (at the park)

9:00 am: Mass Start of Marathon Race; in the park in Teplice nad Metuji

9:15 am: Mass Start of Enduro Race; in the park in Teplice nad Metuji

5:00 pm: Start of kids races; in the park in Teplice nad Metuji

6:00 pm: Dinner; Teplice nad Metuji - school canteen (at the park)

7.00 pm: Winner ceremony of 1st stage Kleine Alpen

Daily Schedule

SATURDAY JUL 4, 2020 - 2nd STAGE - THE BEST OF SUDETY

7:00 am: Breakfast; Teplice nad Metuji - school canteen (at the park)

9:00 am: Mass Start of Marathon Race; in the park in Teplice nad Metuji

9:15 am: Mass Start of Enduro Race; in the park in Teplice nad Metuji

5:00 pm: Start of kids races; in the park in Teplice nad Metuji

6:00 pm: Dinner; Teplice nad Metuji - school canteen (at the park)

7.00 pm: Winner ceremony of 2nd stage The Best of Trilogy

Daily Schedule

SUNDAY JUL 5, 2020 - 3rd STAGE - VRANI HORY

7:00 am: Breakfast; Teplice nad Metuji - school canteen (at the park)

9:00 am: Mass Start of Marathon Race; in the park in Teplice nad Metuji

9:15 am: Mass Start of Enduro Race; in the park in Teplice nad Metuji

5:00 pm: Start of kids races; in the park in Teplice nad Metuji

6:00 pm: Dinner; Teplice nad Metuji - school canteen (at the park)

7:00 pm: Winner ceremony of 3rd stage Vrani hory and all MTB Trilogy

MONDAY JUL 6, 2020

7:00 am: Breakfast; Teplice nad Metuji - school canteen (at the park)

The prologue is opening XC time trial with an interval start, which shows the level of the technical and physical difficulty of all race.

The Prologue is approx. 10 km long with eight special tests for enduro in a close area at Teplice nad Metuji. This race guides competitors through pinewood or around rock blocks (sometimes nearer than man wants) and shows that it is possible to ascend and descend quite many heigh meters in a small area. So the Prologue will not be easy.

For keeping fair condition for all bikers and endurists the correct map of Prologue will be declassified in the race day.

Prologue parameters:
Distance: 10 km
Ascend: 475 m
Count of special enduro tests: 8
Ratio trails / asphalt: 98 % / 2 %

Track profile - Prologue:

1st stage Kleine Alpen

JUL 3, 2020

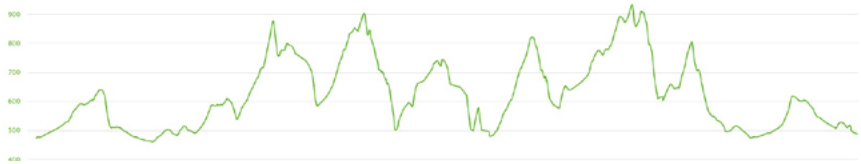
In according to tracks architect 1st stage is the most challenging but the most beautiful stage of all MTB Trilogy. The distinguishing feature for this stage is litter, gravel, old volcanos, tunnel and ford.

The track guides bikers in Javori mountains and in Gory Suche on sides of old volcanos in Poland.

And have you ever ridden your bike through 385 m long old railway tunnel, which was built by A. Hitler? No? So now you have a unique chance to look inside. If there will be dark inside and light only on its end, or if it will be illuminated in time, nobody know before...

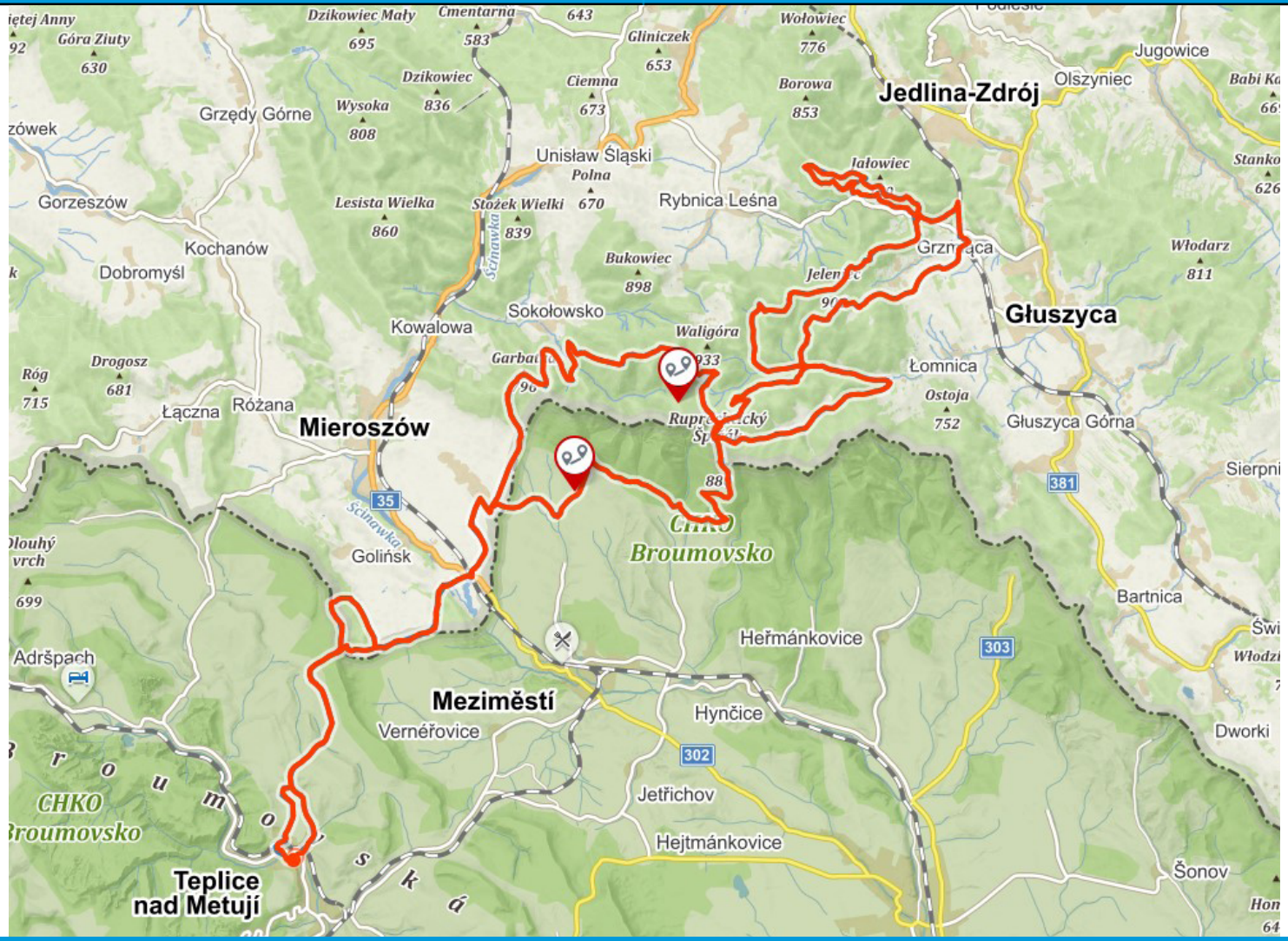
1st stage – Kleine Alpen parameters:
Distance: 74 km
Ascend: 2 742 m
The highest point: Suchawa 928 m
The lowest point: 442 m
Count of special enduro tests: 10
Ratio trails / asphalt: 88 % / 12 %

Track profile – Kleine Alpen:



1st stage Kleine Alpen

JUL 3, 2020



1st stage Kleine Alpen – demo

JUL 3, 2020

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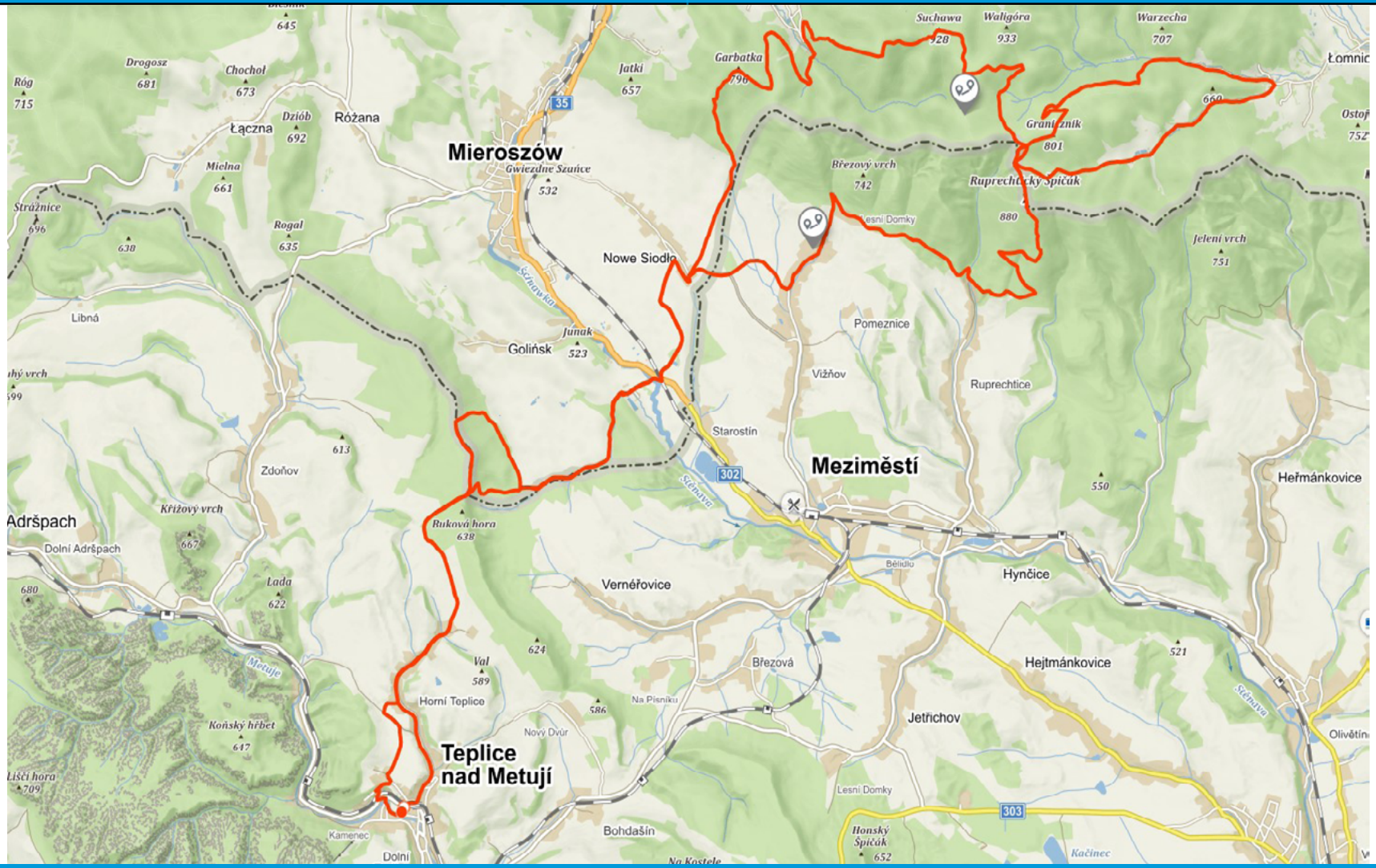
1st stage – Kleine Alpen – demo parameters:
Distance: 54 km
Ascend: 1 701 m
The highest point: Suchawa 928 m
The lowest point: 443 m
Count of special enduro tests: 8
Ratio trails / asphalt: 88 % / 12 %

Track profile - Kleine Alpen – demo:

1st stage Kleine Alpen – demo

JUL 3, 2020



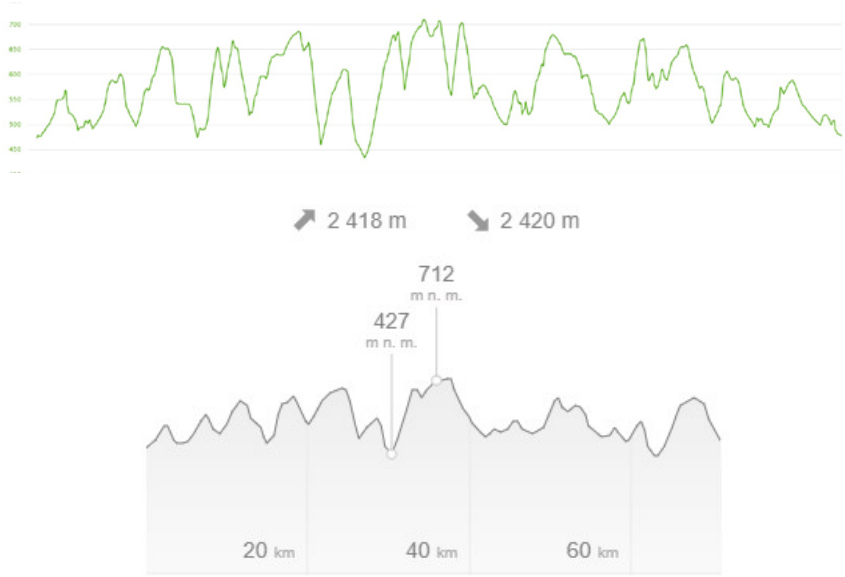
2nd stage Best of Sudety

JUL 4, 2020

The 2nd stage shows to competitors the best of the Czech legendary bike marathon Ralley Sudety. The track is fringed by sand rocks or blocks. Such a unit gets in the way, sometimes and all bikers will cope with it on the bike. Here are typical fast downhills, in which a lot of adrenaline leaches into the blood. The track leads around the baroque chapel Panny Marie Snezne on Hvezda hill. There is a legendary downhill trail, which check bikers skills of everyone, from the chapel.

2nd stage – The Best of Sudety parameters:
Distance: 71 km
Ascend: 2 418 m
The highest point: mountainside of Lopota 712 m
The lowest point: 427 m
Count of special enduro tests: 10
Ratio trails / asphalt: 83 % / 17 %

Track profile – Best of Sudety



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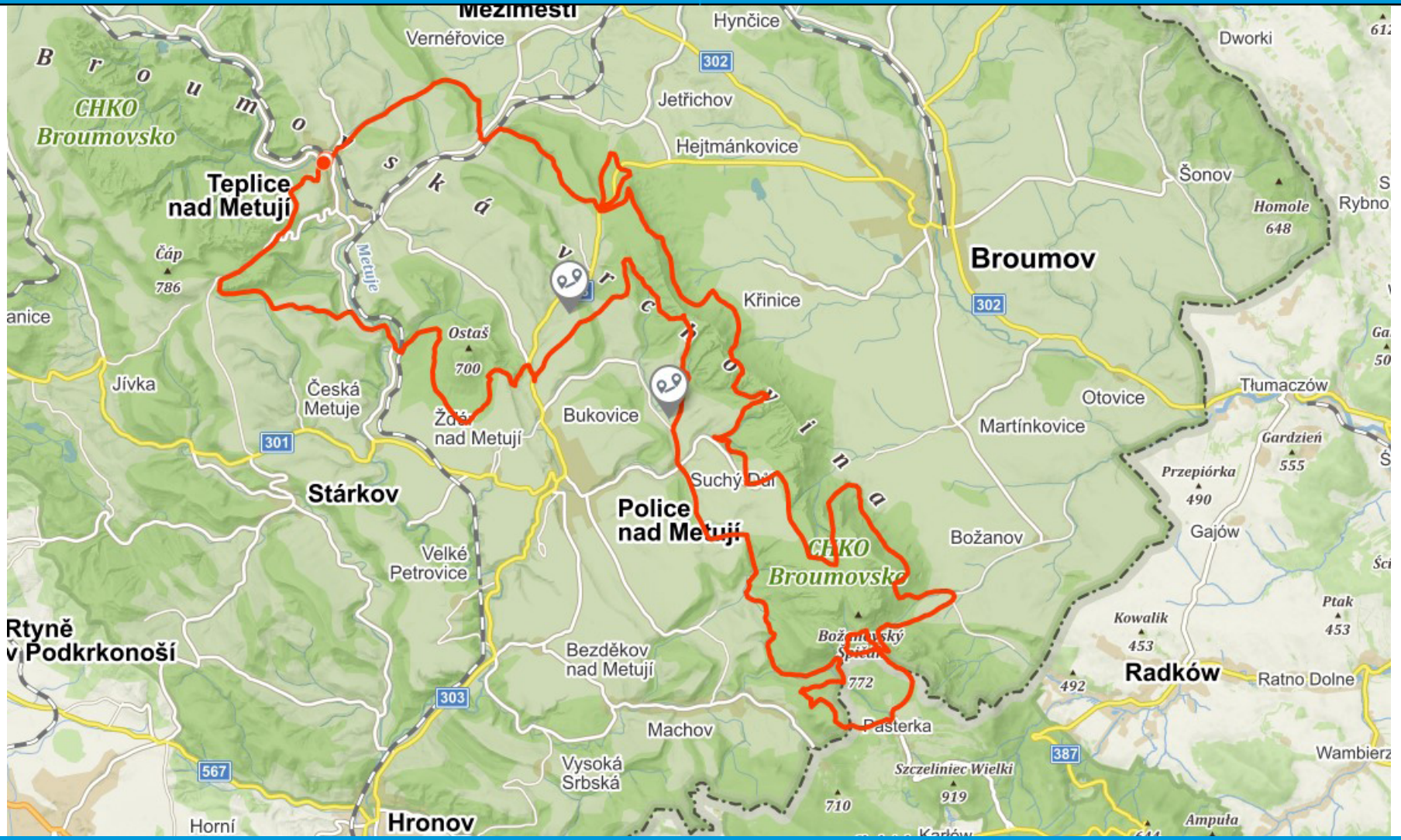

2nd stage Best of Sudety – demo JUL 4, 2020

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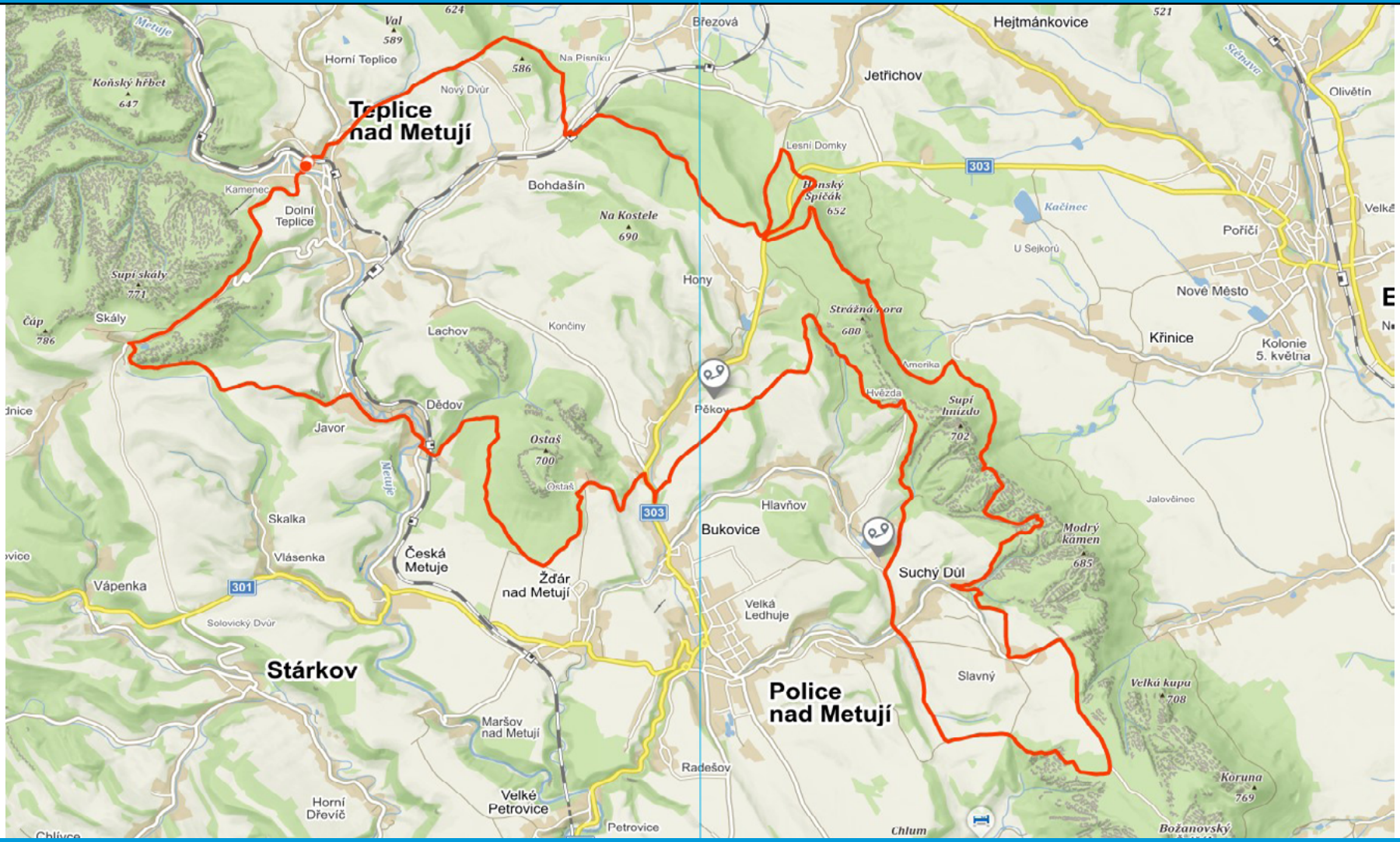
2nd stage – The Best of Sudety – demo parameters:
Distance: 51 km
Ascend: 1 606 m
The highest point: Pelovka 678 m
The lowest point: 444 m
Count of special enduro tests: 8
Ratio trails / asphalt: 83 % / 17 %

Track profile – Best of Sudety – demo

2nd stage Best of Sudety – demo JUL 4, 2020



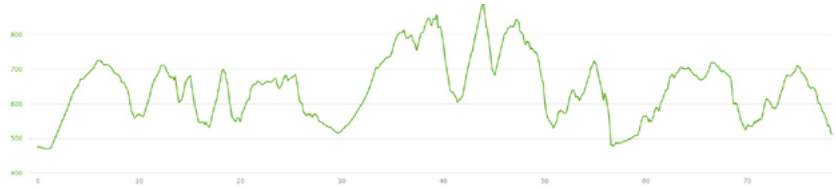
3rd stage Vrani Hory

JUL 5, 2020

The last stage of MTB Trilogy combines characters of both previous stages. So bikers can look forward to long trails along Czech-Poland borderline and sand blocks and rocks along the trails. Riding skills will be check with gravel downhills. There is an amazing view on the Giant Mountains panorama (with the highest mountain in Czech - Snezka) after long uphill on the highest point of the stage – Kralovecky Spicak (881 m n.m.). The highlight of the stage is renowned and feared downhill from Jansky hill. The trail leads on the edge of rock (with Keltic menhir) and ends by very steep downhill with dust surface.

3rd stage – Vrani Hory parameters:
Distance: 77 km
Ascend: 2 517 m
The highest point: Kralovecky Spicak 881 m
The lowest point: 441 m
Count of special enduro tests: 10
Ratio trails / asphalt: 87 % / 13 %

Track profile – Vrani Hory:



3rd stage Vrani Hory

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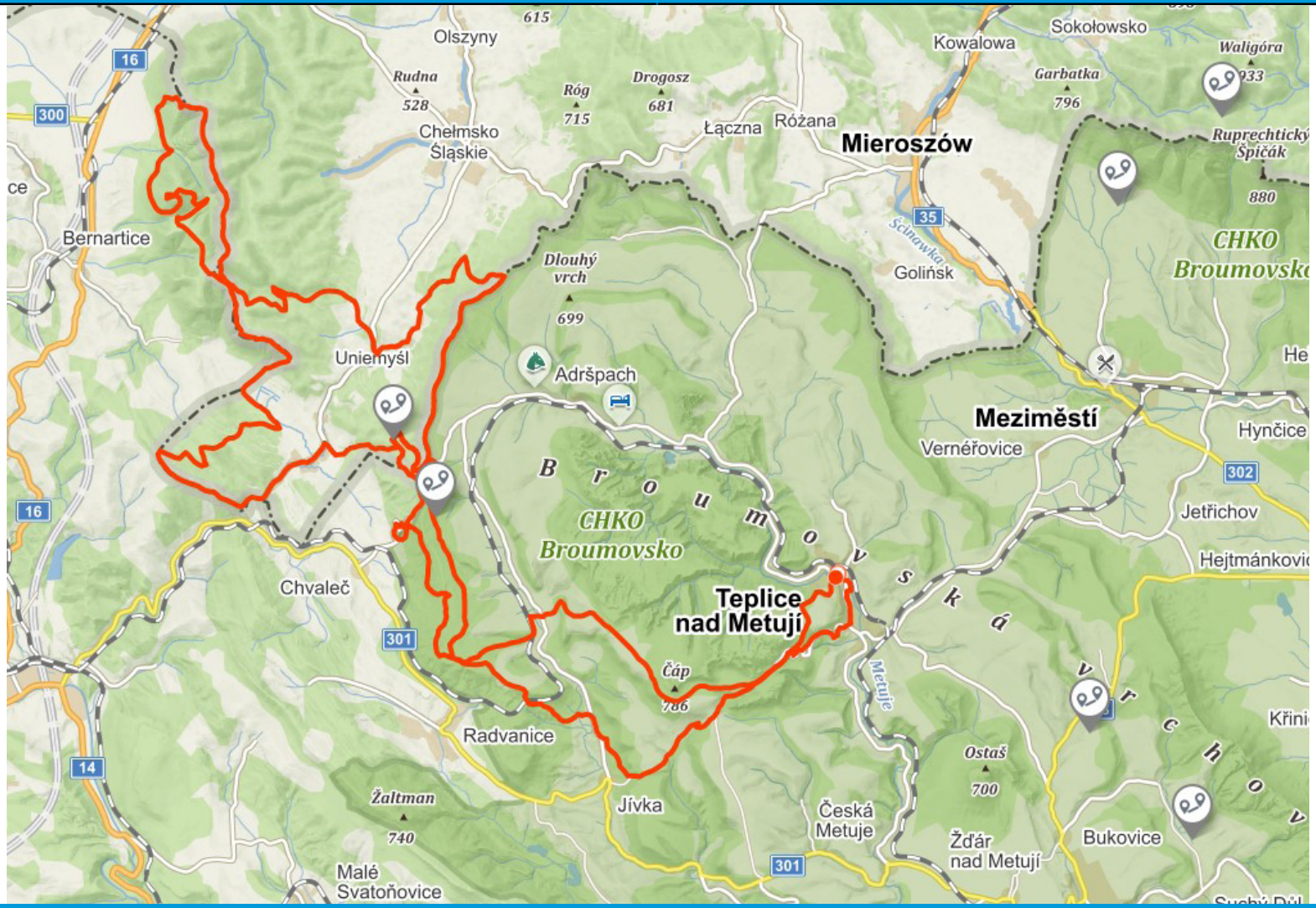

3rd stage Vrani Hory – demo

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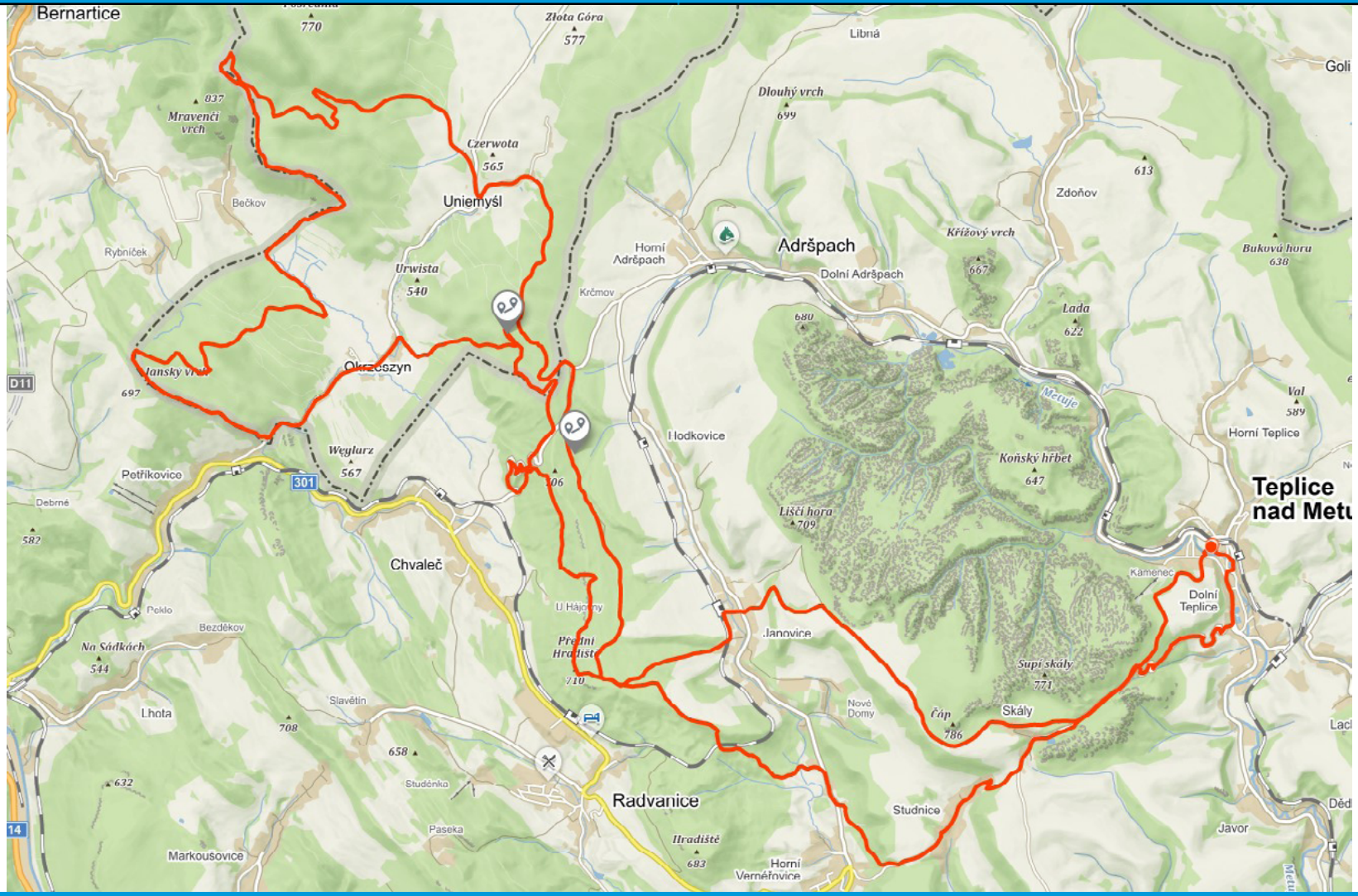
3rd stage – Vrani Hory – demo parameters:
Distance: 60 km
Ascend: 1 813 m
The highest point: Mrowiniec 817 m
The lowest point: 439 m
Count of special enduro tests: 8
Ratio trails / asphalt: 87 % / 13 %

Track profile – Vrani Hory – demo:

3rd stage Vrani Hory – demo

JUL 5, 2020



MTB Trilogy - KIDS

Kids can race too, of course. Their MTB Trilogy is composed of 3 stages in three days. The first and second stages are pure MTB races, the third stage is „bike-biathlon“. Small bikers throw tennis balls to bike-bottles during the race and the goal is to strike the most bottles.

Winners ceremony (3 best in every category) will be after every stage (so daily). As well as the 3 best will be decorated in overall results of MTB Trilogy KIDS, so all 3 stages together.

Who can not pedalling by bike, they can ride by Kickback scooter in a special category.

Instructions MTB Trilogy KIDS

MTB Trilogy KIDS – MTB stage race for kids
WHEN? July 3-5, 2020
WHERE? Teplice nad Metuji - park at the football stadium
REGISTRATION? on-line till JUN 30 2020, later in Teplice nad Metuji only
PRESENTATION?
- JUL 2, 2020 from 10:00 am to 2:00 pm or JUL 3, 2020 from 3:00 pm to 4:30 pm
- Teplice nad Metuji - park at the football stadium

START?
- every day from 5:00 pm in the park in Teplice nad Metuji; the youngest category first and the oldest kids category on end, mass start

START FEES?
- kids from racers of MTB Trilogy 2020: 100 CZK
- others: 300 CZK
- a small present at the presentation for the pre-registration kids

CATEGORY?
- Kickback scooter (regardless of gender and age)
- Girls/boys till 5 yrs by bike (2015 and younger)
- Girls/boys 6-7 yrs (2013-2014)
- Girls/boys 8-10 yrs (2010-2012)
- Girls/boys 11-14 yrs (2006-2009)
- At least four riders are necessary to open a category. In opposite case (fewer bikers than four) category will be merged.

Instructions MTB Trilogy KIDS

JUL 3-5, 2020

TRAILS?

- 3 stages (as adults): 3 x 5-20 min (in according category)
- the trails lead into the park in Teplice nad Metuji
- trails are adapted to each age category in both length and difficulty
- The 3rd stage is „bike-biathlon“; kids throw with tennis balls to bike bottles. Riders have to absolve a penal lap when they miss a bottle.

WINNERS CEREMONY?

- daily at 6:30 pm after every stage
- 3 best bikers in the category
- 3 best bikers in overall results in the category (all MTB Trilogy KIDS; summation all three times from every stage) after 3rd stage
- Every rider in the category Kickback scooter will be advanced in the finish immediately. Their time and position will not be measure.

ADDITIONAL?

- Competitors and their entourage participate at their own risk.
- A bike helmet is compulsory.
- Race in any weather.
- Race in according to this Proposition and the Race rules of mountain biking.
- Competitors are obliged to inspect a trail of every race (stage)in advance.
- A competitor can be evaluated in one category only, which he chooses before his first start.
- A competitor who does not finish a race (stage) is obliged to notify it to the jury (and he will not be evaluated in overall results of all MTB Trilogy KIDS).
- The race is ending when the winner of the category ride through the finish line.

MTB Trilogy 2020

MTB Trilogy - Stage race MTB & Enduro
WHEN? JULY 2-5 2020
WHERE? Teplice nad Metuji - park at a football stadium
PRESENTATION? JUL 2 2020 from 11 am to 2 pm; Teplice nad Metuji – park at a football stadium

RACES?
- Extreme Race Marathon: 230 km / 8 400+
- Extreme Enduro Race: 230 km / 8 400+; 10 ST in every stage
- Demo Race Marathon: 170 km / 6 000+
- Demo Enduro Race: 170 km / 6 000+; 6-8 ST in every stage
- Junior Race Marathon: 170 km / 6 000+
- Junior Race Enduro: 170 km / 6 000+; 6-8 ST in every stage
- Marathon Vrani Hory: only 3rd stage; 77 km / 1 800+
- E-bike Enduro Race: 230 km / 8 400+; 10 ST in every stage
- E-bike Demo Enduro Race: 170 km / 6 000+; 6-8 ST in every stage

START?
- Prologue JUL 2 2020: interval start from 3 pm at the building of the school
- all stages; mass start at 9:00 am (XC), and 9:15 am (enduro) in the park

Instructions MTB Trilogy

START PACKET:
- Start number with racer´s name (registration till May 31, 2020)
- Finisher T-shirt MTB Trilogy - the condition is to finish the race and guarantee the size of the T-shirt according to the information in the application form at the latest by May 31, 2020
- Professional trail marking - with a white arrow on the light blue background
- Buffets during every stage and refreshments at the finish of each stage
- Bike wash after each stage
- Showers for competitors after each stage
- Medical service at designated points of the track and in the finish of each stage
- Bike service at designated points of the track and in the finish of each stage (free work, the material is paid by the competitors themselves)
- Bicycle guarding in bike park at school
- Video and photos from the race on the event website
- Small present by registration till May 31, 2020

CANCEL FEE?
- Start fee is non-refundable, but it is possible the start fee transfer to another biker. The administration fee is 300 CZK, and 500 CZK during a presentation in Teplice nad Metuji.

AWARD?
- Prologue and stages; material prizes for the three best in the stage
- Overall placing in MTB Trilogy; Prize money in the absolute placing of the Extreme Race Maraton and Extreme Enduro Race and material prizes are prepared for placing in the categories.

Official Regulations

CATEGORIES?

Extreme Race Marathon: Woman / M 18-29 / M 30-39 / M 40-49 / M 50+
Extreme Enduro Race: Woman / Man / Veteran
Demo Race Marathon: Woman / Man
Demo Enduro Race: Woman / Man
Junior Race Marathon: Woman / Man
Junior Race Enduro: Woman, Man
Marathon Vrani Hory: Woman / Man

RACE REGULATIONS:

- Participants are obliged to absolve the race with a bike helmet on their head. Violation of this rule means disqualification from all MTB Trilogy.
- Organisator can check the competitor‘s mandatory gear before the start.
- There is a strict ban on littering away from feeding zones.
- In the case of unintentional breach of rules, the organizer may impose a time penalty.
- Competitors are obliged to observe the rules of road traffic and act under the law of traffic. The organiser cannot restrict road traffic.
- By entering the race, the competitor undertakes to observe the rules of fair play, to behave fairly, sportingly and with respect to his rivals, surroundings and nature.
- Competitors under 18 years of age must provide written consent of their parents or guardian prior to the start.
- The organizer and all collaborators and persons associated with the organization shall not be liable to the owners for injury to persons, material or property that may occur before, during or after the race.
- Parking in Teplice nad Metuji is possible only at the parking places indicated by the organizer. There is a strict ban on entering the park by car.
- Participants start at their own risk.
- In the event of withdrawal from the race, this competitor is obliged to report to the nearest inspection.
- The participants bear civil and legal liability for all damages.
- Photographs, film materials and interviews with participants can be used for organizer needs.
- Participants agree to the processing of personal data for organizer purposes.
- The organizer undertakes to handle personal data according to the law.

TRANSIT LIMITS:

1-2 transit limits will be placed during each stage. The passage time will be set to correspond to an average speed of about 10 km / h and after its expiration, the competitor will not be allowed to continue the stage (the route will be unmarked). The limit times below are indicative and will be specified before each stage.

KUPKOLO MTB TRILOGY

SEE YOU SOON!

JUL 2-5 2020

TEPLICE NAD METUJÍ

CZECH REPUBLIC